Empire Blue Cross Blue Shield – Health Assessment

https://www.empireblue.com/

Please go to the above website, and create an account – if you have already created an account then just log in.





Once logged in, in the top left hand corner there is a tab labeled *My Health Dashboard* – hover over that to expand the drop down menu. Once that drop down menu is visible, click on *Programs*

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	My Plan Care Support	My Health Dashboard				Español Profile Logout
	welcome back Michelle Pag	Dushboard Activity Tracking Action Plans Badges		(Conn	ect With Care
	Member ID: NIW938M93477	Programs My Health News				Find Care Find health services from doctors and hospitals in your plan. Get cost info for office visits and procedures.
	Update profile access and s Review payments and billing			Ð	Find Urgent Care Get immediate care when your doctor isn't available.	
	Update your interests Order and manage prescriptions				Q)	LiveHealth Online Visit with a doctor or other care provider 24/7.
	You have 0 unread messages in your inbox. <u>View Message Center</u>				6	Primary Care Provider View or update your Primary Care Physician (PCP) information.

Once on the *Programs* page scroll down a bit to the *WebMD Health Risk Assessment* card under Additional Programs. And in the bottom right hand corner please click on *Learn More*

Additional Programs



Case Management

Receive personalized support and care coordination following an illness or hospitalization.



% 800-563-5909 □ Chat ④ Learn more

% 800-337-4770 ♀ Chat ⊖ Learn more



Preventive Health Guidelines

Stay on top of your recommended screenings and vaccines based on your age and gender.



WebMD Health Risk Assessment

Want to be more energetic? Happier? More balanced? Your assessment is here to help create a plan.

Learn more

After clicking on *Learn More*, you will be brought to Health Risk Assessment page where you will be able to complete/update your assessment by clicking on *Start your assessment*.

